

# Barbara Blue Scenario

# Kelly Anderson

## Your life:

- You are a Registered Nurse (RN). You directly supervise many of the CNAs, including Jamie O'Connor.
- You have worked at Blue Hills for the past 7 years.
- You are taking some courses at the local technical college and have become very interested in the topic of domestic violence.
- You try to have contact with all the residents and have just had the opportunity of meeting Barbara Blue.

## You value:

- Providing leadership and support to your staff
- Continuing your education
- All kinds of music—you have played the piano since you were a child

## You appear in Scene Three

## **Summary of the Scenario**

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This case occurs in Blue Hills Assisted Living Facility. Barbara Blue is a 72-year-old resident who is in a single room. She has been here for a few days following surgery for ovarian cancer. She has been married to Steven Blue for 48 years. She needs assistance with bathing, dressing changes, transferring, toileting, and medication. The facility staff, family, and friends are concerned that Mr. Blue is being verbally abusive to his wife. He tells her that she should come home NOW to take care of his needs. The doctor believes Barbara must remain in the facility for at least a few weeks before she will be healthy enough to go home; and only then if she will have someone who can care for her and not expect her to be doing housework or cooking.

## Lives

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- **Barbara Blue**, a CBRF resident
- **Reverend Marvin Mitchell**, Minister
- **Jamie O'Connor**, CNA in CBRF
- **Dennis Blue**, Barbara and Steven's son
- **Sonia Solomon**, CBRF social worker
- **Kelly Anderson**, CBRF supervisor
- **Lucy Blue**, Dennis's wife
- **Ron Records**, Documentation Specialist

## Who is in each Scene

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- **Scene One** (on Blue paper): Barbara, Reverend Mitchell, Jamie
- **Scene Two** (Green): Dennis, Reverend Mitchell, Lucy
- **Scene Three** (Yellow): Sonia, Jamie, Kelly
- **Scene Four** (Pink): Jamie, Barbara, Reverend Mitchell, Sonia

## **Kelly Anderson, age 37**

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### **Starter page**

- You are a Registered Nurse (RN). You directly supervise many of the CNAs, including Jamie O'Connor.
- You have worked at Blue Hills for the past 7 years.
- You started as a CNA yourself but you earned your RN degree several years ago while working part time.
- You have recently started to take a few extra courses at the local technical college. You have become very interested in the topic of domestic violence.
- You try to have contact with all the residents and have just had the opportunity of meeting Barbara Blue.

### **You value:**

- Providing leadership and support to your staff
- Continuing your education
- All kinds of music—you have played the piano since you were a child

**Props:** Office supplies

**Scenes you are in:** Three (Yellow)

## **Warm-Up**

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### **Barbara, Jamie, and Kelly**

- Barbara is in her room reading her get well card from her son and looking at the picture of her cat, Marble.
- Jamie and Kelly are in her room and they talk about the weather, the cat, and the nice card.

### **Sonia and Reverend Mitchell**

- Sonia is in her office going over her case record of Mrs. Blue.
- Marvin Mitchell, the minister, stops by to call on Mrs. Blue. Talk about the weather and general topics.

### **Dennis, Lucy, and Ron**

- Dennis recalls fond memories of his mother's holiday molasses cookies with Lucy, the Facilitator, and Ron, the documentation specialist.

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## Scene Three: Yellow

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**Time:** Wednesday afternoon

**Participants:** Sonia, Jamie, and Kelly

**Sonia:** Thanks for coming in, Jamie and Kelly. Can you tell me what you've been observing about Barbara Blue, Jamie?

**Jamie:** She's such a sweetie... but I think she's afraid of her husband. She seems to kind of cower when he's around.

**Sonia:** Yes, it sounds like Barbara may be afraid of her husband. Tell me more of what you have seen.

**Jamie:** She's just always trying to be calm, telling him how bad she feels about leaving him to fend for himself. It's sure a different generation. She said she's thinking of going home within the next few days to take care of him.

**Kelly:** Gee, this is the first I've heard of any of this.

**Jamie:** Well, I don't think he treats her right, but Reverend Mitchell told me that we have to respect their marriage and their privacy.

**Kelly:** I understand that you would like to respect Reverend Mitchell's point of view, Jamie, but we must make sure Barbara is safe.

**Jamie:** Her husband threatened to get rid of her cat and sell her sewing machine if she doesn't come home. What can we do?

**Sonia:** Well, Barbara is able to make her own decisions, but there are a number of steps we can take, Jamie.

**Kelly:** Right, we don't expect you to step in if there's an argument between Barbara and Steven.

**Sonia:** I'm concerned that Barbara doesn't have enough support or resources at home. Her son is very willing to help but he lives in Ohio.

**Jamie:** It's too soon for Barbara to leave the facility. She still needs help with changing her bandages, toileting, bathing, and walking. I doubt that her husband will be able to help her.

**Sonia:** Thank you for your input, Jamie. Since you deal directly with residents, we want you to know that you can come to Kelly or me and report anything that doesn't seem right to you.

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## Barbara Blue – Individualized Care Plan

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*(excerpted)*

### Diagnosis:

- 72-year-old woman
- Admitted after 5 days at Washington Memorial hospital
- Ovarian cancer surgery
- Anticipate radiation to begin next month
- Married
- Grown child

**Special Note:** Husband is around a lot and seems lost without her. Patient seems eager to improve and go home to husband.

### Personal interests:

- Her cat, Marble
- Sewing
- Church activities
- Her son, Dennis

### Needs Assistance:

- Bathing
- Toileting
- Transferring
- Incision care
- Medication management
- Range-of-motion exercises with arms and legs

**Special Note:** Needs significant rest. Avoid visits in PM. Should remain in care for two to three weeks after discharge from hospital.

### Nutrition:

- Normal diet

### Safety:

- No issues